




# PROGRAMMING AND EVENTS: ADULTS

# SEPTEMBER 2023

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<p>509 Cherry St Jamestown NY  (716) 484-7135  prendergastlibrary.org</p>	<p><b>HOURS</b> Monday - Friday 9:00 a.m. - 7:00 p.m. Saturday: 10:00 a.m. - 4:00 p.m. Sunday: Closed</p>	 <p><b>Prendergast Library</b> Focusing on Your Future.</p>	<p>Follow us on Facebook!   facebook.com/ prendergastlibrary</p>	<p>Coloring Creative: All day <sup>1</sup> Genealogy Workshop: 2:00-4:00 Movie Night for adults: Cyrano 4:30-6:00</p>	<p>Saturday Crafting: <sup>2</sup> 1:30-3:30 Paint a fabric pouch</p>
<p>3 <b>LIBRARY CLOSED</b></p>	<p>4 8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*</p>	<p>5 Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00- 7:00*</p>	<p>6 Crafting &amp; Community: 5:00-7:00 Drop in for knitting and crocheting, or bring your own craft</p>	<p>7 Coloring Creative in front lobby: All day Genealogy Workshop: 2:00-4:00</p>	<p>8 9</p>
<p><b>Half-off Booksale! Thurs - Sat</b> </p>					
<p>10 Recovery through Creativity Support Group: 11-12:00* BOCES HSE/GED Class 4:00-7:00* Computer Class: 5:30-6:30 Computer Basics</p>	<p>11 8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED 4:00-7:00* Paper Making with Pearl City Clay House: 5:00-7:00</p>	<p>12 Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00- 4:30* BOCES HSE/GED Class: 4-7:00* Books and Brews Book Club 5:30-6:30</p>	<p>13 Crafting &amp; Community: 5:00-7:00 DIY Sugar Scrub Free Concert: CAN-AM 5:30-6:30</p>	<p>14 Coloring Creative in front lobby: All day Genealogy Workshop: 2:00-4:00</p>	<p>15 16</p>
<p>17 Recovery through Creativity Support Group: 11-12:00* BOCES HSE/GED Class 4:00-7:00*</p>	<p>18 8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*</p>	<p>19 Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00*</p>	<p>20 Crafting &amp; Community: 5:00-7:00 Drop in for knitting and crocheting, or bring your own craft</p>	<p>21 Coloring Creative in front lobby: All day Genealogy Workshop: 2:00-4:00</p>	<p>22 23</p>
<p>24 Recovery through Creativity Support Group: 11-12:00* BOCES HSE/GED Class 4:00-7:00*</p>	<p>25 8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00- 7:00* <i>Beyond the Headlines</i> with Roswell Park Comprehensive Cancer Center 5:30-6:30*</p>	<p>26 Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00*</p>	<p>27 Crafting &amp; Community: 5:00-7:00 Paint a wooden bookmark</p>	<p>28 Coloring Creative in front lobby: All day Genealogy Workshop: 2:00-4:00</p>	<p>29 30</p>

\*Signifies programs that are developed and run by external community organizations or individuals

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## Crafting & Community Thursdays 5:00-7:00

Join us each Thursday evening for crafting in a fun social environment for adults of all skill levels! Please note: due to limited supplies, this program is for adult participants only.

On the 2nd and 4th Thursdays our staff will lead a guided craft, with all supplies provided. See our calendar for details on each month's projects.

On the 1st and 3rd Thursdays each month, drop in for knitting, crocheting, or bring your own project.

## Support Groups with Recovery Options Made Easy

Meet for discussion in a supportive group setting in these programs run by Recovery Options Made Easy:

### Mondays at 11:00: Recovery Through Creativity

This group explores recovery with creative activities including meditation and a drum circle. Meets in the Fireplace Room.

### Tuesdays at 9:00: 8 Dimensions of Wellness

This group discusses emotional, physical, occupational, financial, social wellness, and more. Meets in the Conference Room.

### Tuesdays at 1:00: Addiction and Recovery

Participants can share their experiences, progress, challenges, and goals related to addiction and the path of recovery. Meets in the Conference Room.

### Wednesdays at 11:00: Depression and Anxiety

Discuss challenges and techniques to overcome challenges with depression and anxiety. Meets in the Conference Room.

## Paper Making With Pearl City Clay House Tuesday 9/12 5:00-7:00

Learn the process and art of making paper at the program led by Deb Eck.

Registration is required. Visit the library's information desk or call 716-484-7135 x 226

## Books and Brews: Library book club @ Brazil Wednesday 9/13 5:30-6:30

The library is excited to offer a monthly book club for adults. This library program meets at Brazil (10 E. 4th St, Jamestown).

Each month we'll read a novel and then gather to talk about the book in a fun, casual atmosphere, with discussion led by library staff. This month's book is *Sing, Unburied*, *Sing* by Jesmyn Ward

## Computer Class: Computer Basics Monday 9/11 5:30-6:30

Learn how to use a computer starting with the basics like operating a keyboard and mouse. The class goes over basic computer terms, learning how to navigate the computer, and some practice time.

Beginners welcome!  
Optional registration; drop-ins welcome.

## One on One Tech Help

Library staff provide 1-on-1 tech help by appointment. We can help with navigating your smartphone or tablet, working on a resume, Microsoft programs, genealogy help, and more.

Stop by the Information Desk or call (716) 484-7135 ext. 226 to make an appointment.

## FREE CONCERT: CAN-AM

### Thursday 9/14 5:30-6:30

Join us for a free concert in the library's Fireplace Room!

CAN-AM is a chamber music ensemble made up of Geralyn Giovannetti, Sarah Hamilton, and Anna Mattix. The trio's performances include historical and contemporary works.

## Genealogy Workshop: Fridays 2:00-4:00

This monthly workshop is for genealogy newbies all the way to experts! Learn how to navigate databases like Ancestry.com and Heritage Quest.

## First Fridays Movie Night Friday 9/1 4:30-6:30 "Cyrano" (PG-13)

On the first Friday of each month, we'll screen a movie for adults in the Fireplace Room. Selected films will feature a variety of genres.

## Haunted Library Tour Saturday, October 21 4:00-9:00PM

Save the date!

Meet the characters that lurk in the library at this haunting tour for all ages! Tickets are \$3 each and go on sale September 18th until sold out. Purchase tickets for a time slot at the front desk.