PROGRAMMING AND EVENTS: ADULTS

JANUARY 2024

Visit us online @ prendergastlibrary.org

SUN	MON	TUE	WED	THU	FRI	SAT
	1 LIBRARY CLOSED	8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*	Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00*	4 Crafting & Community: 5:00-7:00 Drop in for knitting, crocheting, or bring your own crafts	Coloring Creative in front lobby: All day Genealogy Workshop and Memory Lab: 2:00-4:00	Saturday Crafting: 1:30-3:30 Card Making
	Recovery through Creativity Support Group: 11-12:00* BOCES HSE/GED Class 4:00-7:00* Computer Class: 5:30-6:30 Computer Basics	8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*	Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00* Books and Brews Book Club 5:30-6:30	11 Crafting & Community: 5:00-7:00 Paper Collage	Coloring Creative in front lobby: All day Genealogy Workshop and Memory Lab: 2:00-4:00	13
14	LIBRARY CLOSED	8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*	Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00*	18 Crafting & Community: 5:00-7:00 Drop in for knitting, crocheting, or bring your own craft	Coloring Creative in front lobby: All day Genealogy Workshop and Memory Lab: 2:00-4:00 All Ages Movie Night: 4:30-6:30 "Abominable"	20
21	Recovery through Creativity Support Group: 11-12:00* BOCES HSE/GED Class 4:00-7:00*	8 Dimensions of Wellness Support Group: 9-10:00* Addiction and Recovery Support Group: 1:00-2:00* BOCES HSE/GED Class 4:00-7:00*	Depression and Anxiety Support Group: 11-12:00* Creative Writing Group: 3:00-4:30* BOCES HSE/GED Class: 4:00-7:00*	25 Crafting & Community: 5:00-7:00 Amigurumi	26 Coloring Creative in front lobby: All day Genealogy Workshop and Memory Lab: 2:00-4:00	27
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^{*}Signifies programs that are developed and run by external community organizations or individuals

PROGRAMMING AND EVENTS: ADULTS

Crafting & Community Thursdays 5:00-7:00

Join us each Thursday evening for crafting in a fun social environment for adults of all skill levels! Please note: due to limited supplies, this program is for adult participants only.

On the 2nd and 4th Thursdays our staff will lead a guided craft, with all supplies provided. See our calendar for details on each month's projects.

On the 1st and 3rd Thursdays each month, drop in for knitting, crocheting, or bring your own project.

Saturday Crafting 1st Saturday each month 1:30-3:30

On the first Saturday of each month, join us for Saturday crafting.

This program is for all ages - families are welcome. Young children must be supervised at this program.

Support Groups with Recovery Options Made Easy

Meet for discussion in a supportive group setting in these programs run by Recovery Options Made Easy:

Mondays at 11:00: Recovery Through Creativity

This group explores recovery with creative activities including meditation and a drum circle. Meets in the Fireplace Room.

Tuesdays at 9:00: 8 Dimensions of Wellness

This group discusses emotional, physical, occupational, financial, social wellness, and more.

Meets in the Conference Room.

Tuesdays at 1:00: Addiction and Recovery

Participants can share their experiences, progress, challenges, and goals related to addiction and the path of recovery. Meets in the Conference Room.

Wednesdays at 11:00: Depression and Anxiety

Discuss challenges and techniques to overcome challenges with depression and anxiety.

Meets in the Conference Room.

Books and Brews: Library book club @ Brazil Wednesday 1/10 5:30-6:30

The library is excited to offer a monthly book club for adults. This library program meets at Brazil (10 E. 4th St, Jamestown).

Each month we'll read a novel and gather to talk about the book in a fun, casual setting, with discussion led by library staff. This month's book is "Little Fires Everywhere" by Celeste Ng.

Computer Class: Computer Basics Monday 1/8 5:30–6:30

This class covers basic computer terms, demonstrates navigating your computer, and includes practice time. Computer Basics is ideal for those with little to no computer experience. Beginners welcome!

Optional registration; drop-ins welcome.

NEWS NEWS

New Database – Mango Languages!

I WEMS

This new database is available on our website, and offers instruction in over 70 world languages including American Sign Languages, Spanish, French, Latin, Arabic, Chinese, Japanese, and many more. This free resource is available online and via a mobile app.

One-on-One Tech Help

Library staff provide 1-on-1 tech help by appointment. We can help with navigating your smartphone or tablet, using the internet and email, working on a resume, 3D printing, Microsoft programs, genealogy resources, and more.

Stop by the Information Desk or call (716) 484-7135 ext. 226 to make an appointment.

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Readers' Advisory Services

Not sure what to read next, or looking to explore a new genre?

Use our Readers' Advisory Service to get personalized suggestions from a librarian! The Readers' Advisory Form is available to fill out on our website.

Genealogy Workshop and Memory Lab*** Fridays 2:00-4:00

This monthly workshop is for genealogy newbies all the way to experts! Learn how to navigate databases like Ancestry.com and Heritage Quest.

***New in 2024, use our Memory Lab equipment to convert videos to DVD, digitize slides negatives and photos. This equipment is available during this program, or can be used after setting up a 1-on-1 Tech appointment.

Memory Lab equipment is funded by the Holmberg Foundation.

All Ages Movie Night: 1/19 at 4:30 "Abominable" (PG)

Drop in to relax and enjoy a familyfriendly movie together.

Children ages 8 and under must be supervised by a parent or guardian.

509 Cherry St, Jamestown NY - (716) 484-7135 - prendergastlibrary.org